



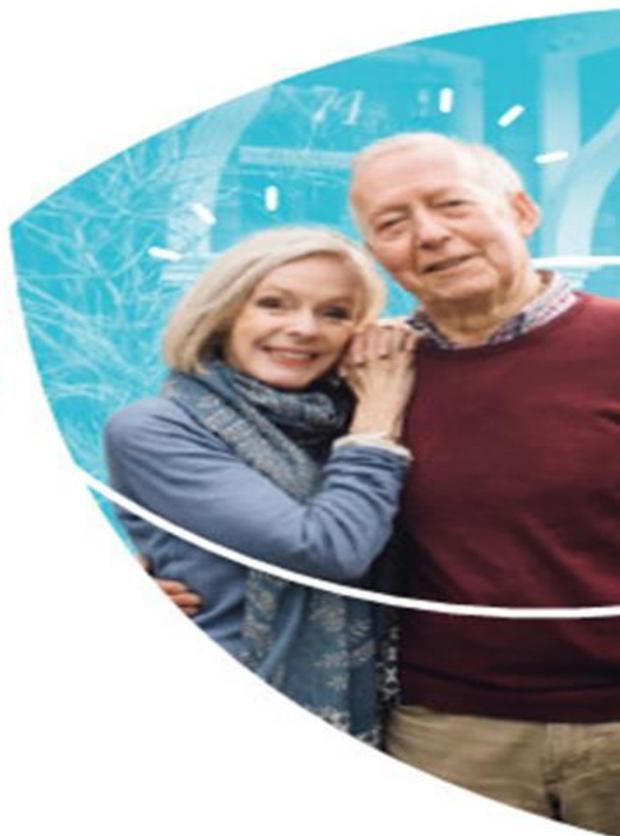
Mae Brechu yn achub bywydau
Vaccination saves lives

Amddiffyn eich hun ac eraill

Protecting yourself and others

**Gall COVID-19 a'r fflw fod
yn feirysau difrifol iawn.**

**COVID-19 and flu can be
very serious viruses.**



Bydd cael eich brechu rhag
COVID-19 a'r fflw yn helpu
i'ch amddiffyn chi ac eraill.

Siaradwch â rhywun yn
eich meddygfa neu fferyllfa
gymunedol i gael rhagor
o wybodaeth.

**Gallwch gael rhagor o wybodaeth
am frechu rhag COVID-19 a'r fflw yn:**
icc.gig.cymru/brechlynnau

Getting vaccinated against
COVID-19 and flu will help
protect you and others.

Talk to someone in your
GP surgery or community
pharmacy for more
information.

**You can find out more about
COVID-19 and flu vaccination at:**
phw.nhs.wales/vaccines



GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales

ISBN 978-1-83766-073-5
© 2022 Ymddiriedolaeth GIG Iechyd Cyhoeddus Cymru
© 2022 Public Health Wales NHS Trust