

# Join our Co-Production Group and Let's Work Together!

## Working Together – Supporting People to Live Well with Long-Term Conditions in Cardiff and the Vale

We meet every month online, working together in new and different ways to support people with long-term conditions in Cardiff and the Vale. The aim of the group is to improve health and wellbeing for people in our communities - EVERYONE is welcome.

Search co-production on [www.keepingmewell.com](http://www.keepingmewell.com)



Scan here to learn more and sign up



**Keeping Me Well**

Cardiff and Vale University Health Board



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